

BC Dental Association's

Dentist Wellness Program



How We Help

BCDA's Dentist Wellness Program (DWP), managed by Homewood Health, provides personalized and confidential support through experienced program staff and a wide network of counsellors, therapists, and coaches for BCDA Members and their immediate family members.



Featured Support Services



Mental Health Counselling

Short-term, solution-focused counselling tailored to your needs, available by phone, video, chat, or in person through a diverse network of clinicians, with services available in more than 60 languages and access to 200+ additional languages through interpretation.



Life Smart Coaching Session

Proactive support for the everyday: a new baby, aging parent, debt problem, career pivot. Thirteen specialists across Life Balance, Health Smart, and Career Smart tracks. Matched in 24 to 48 hours; moves into counselling without another intake.



Enhanced Mental Health Care

Up to 20 counselling sessions longer-term, work-focused psychotherapy for individuals with moderate to severe symptoms of depression, anxiety, trauma and/or substance use utilizing the principles of measurement-based care.



Key Personnel Support Line

Staffed by clinicians trained in management-side consultation, call DWP to receive support in handling difficult conversations, referral into the program, and support for leaders handling team member crisis.



Homewood Pathfinder

Pathfinder tailors personalized care plans and service recommendations based on your unique presenting concern(s). You can book a counselling appointment through our on-line booking system.



Sentio by Homewood Health™

Homewood's internet-based Cognitive Behavioural Therapy (iCBT) program. iCBT has been proven to be an effective therapy for mild to moderate depression, anxiety and other psychological mental health issues.



MeetNow On-Demand Counselling

Where clinically appropriate, you can chat with a master's level clinician the same day. One click is all it takes. There's no booking and no waiting.



Online Resources

Access Homeweb.ca anytime for expert tools and resources, e-learning courses, and a library of health and wellness articles to support your wellness journey.

24/7

Confidential Helpline:
1-800-661-9199

bcdental.org/dwp
info@bcdental.org

Register & Access DWP Services



Online



Homewood Health App



Required Details

- Organization: BCDA
- Invitation Code: BDA154
- Email Verification